



Creating Peaceful Spaces

Deep Cleaning Checklist



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Kitchen

- Unload Dishwasher
- Load & Start Dishwasher
- Handwashing
- Clean off & wipe down large counter
- Wipe down back splash
- Put away handwashing
- Clean off & wipe down kitchen island
- Clean out microwave
- Wipe down appliances with stainless steel cleaner
- Wipe down outside of cabinets
- Wipe down stove top with ceramic cleaner
- Wipe down stove top with stainless steel cleaner
- Clean out fridge [expired food, spills, etc.]
- Take out trash
- Dust the baseboards
- Sweep
- Mop

Add Your Own

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Dining Room

- Clean up homework cart
- Clear off dining table
- Wipe down table
- Set out clean placemats
- Refill napkin holder
- Refill plasticware
- Clear off Coffee Bar
- Wipe down coffee bar
- Dust the baseboards
- Sweep
- Mop

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Living Room

- Clean up any garbage
- Put away toys
- Put away adult clutter
- Fold up blankets & put in the basket
- Vacuum under couch cushions
- Straighten up pillows
- Clear off surfaces
- Dust off surfaces
- Dust the fan
- Dust the baseboards
- Dust the TV & Console Area
- Sweep
- Vacuum the Rug
- Mop

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Hall Bathroom

- Clean up any garbage
- Put away bath toys
- Clear off counter
- Wipe down counter
- Wipe down mirror
- Disinfect toilet bowl
- Wipe down outside of toilet
- Restock any toilet paper
- Clean bathtub
- Dust the baseboards
- Sweep
- Mop

Add Your Own

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